



LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Tony McGinty, Interim Director of Public Health

Report to	Lincolnshire Health and Wellbeing Board
Date:	20 June 2017
Subject:	Health and Wellbeing Grant Fund – half yearly update

Summary:

This information report provides the Health and Wellbeing Board with an update on the Health and Wellbeing Grant funded projects.

Actions Required:

The Health and Wellbeing Board is asked to note the details contained in Appendix A.

1. Background

The Health and Wellbeing Grant Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve health and wellbeing in Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between Lincolnshire County Council and the four Clinical Commissioning Groups which gave responsibility for allocating the remaining money to the Lincolnshire Health and Wellbeing Board.

In March 2015 the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund to ten projects. As previously reported to the Board two projects have been withdrawn and one project, My Rural Life, concluded in January 2016.

Since the last report to the HWB in December 2016, the Let's Get Fizzical project finished in March 2017 and the Connecting Communities project will be concluding at the end of June 2017. A progress report on these and the remaining five grant funded projects is contained in Appendix A.

2. Conclusion

The Health and Wellbeing Board has been given the responsibility for allocating and monitoring the remaining funds in the Health and Wellbeing Grant Fund. This is the third half yearly report on the projects since the funding was agreed by the Board in March 2015 and the Board is asked to note the information contained in Appendix A.

3. Consultation

Not applicable

4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant Fund – 2016/17 Year-end report.

5. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Alison Christie, Programme Manager Health and Wellbeing, who can be contacted on 01522 552322 or alison.christie@lincolnshire.gov.uk

Project Name:		Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Buddy Up (Care Leavers Mentoring Project)		Oct 2015 – Sept 2017	£150,516.00	£131,701.50	£18,814.50	●
Description:	<p>To deliver a two year Care Leavers Mentoring Project across Lincolnshire to improve outcomes for both Care Leavers (CL) and volunteers.</p> <p>Barnardos Volunteer Project is an extension of enhanced support for care leavers. The project aims are to improve outcomes for Care Leavers and Volunteers in the areas below:</p> <ul style="list-style-type: none"> • Engagement in health services • Engagement in Education, Employment and Training (EET) • Emotional wellbeing • Physical health. 					
Project Lead:	Barnardo's					
Project Update:	<p>The project start date was 01 July 2015, however the Volunteer Co-ordinator started in post in September. Since then the project has received 117 expressions of Interest forms from potential volunteers of which 29 have been recruited, inducted and fully trained to support care leavers, 2 of the volunteer mentors are themselves ex care leavers. All 29 volunteer mentors have been matched with 30 young people and meet on average once a week. Of the 30, all have reported improved health, emotional wellbeing and or social networks; 11 have engaged with Health services; and 30 have engaged with EET services.</p> <p>Outcomes have ranged from:</p> <ul style="list-style-type: none"> • An ex care leaver volunteer gaining qualifications and experience on her CV has now gained paid employment in the care sector • An Unaccompanied Asylum Seeker with no fluent English has worked with a volunteer, improving their English, so that they no longer require a translator. • A volunteer working with a young person with complex learning difficulties associated with Autism has prevented family breakdown • Another volunteer has supported a care leaver to attend mental health appointments by accompanying them to the appointment and taking care of their toddler whilst in the meetings 					

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

	<ul style="list-style-type: none"> • A volunteer supporting a young person to attend weight loss classes resulting in a loss of over a stone and increased self-esteem • All young people have an outcomes star showing the distance travelled • Examples include: support to attend Weightwatchers, resulting in 1 stone weight loss. Support to cope with busy environment, resulting in increased independence. Support has also been provided around budgeting, confidence building and emotional wellbeing <p>The uptake of young people accessing the service has not proved as successful as anticipated, due to risk assessments carried out by the leaving care team which has found that some young people are not suitable for the scheme due to their vulnerabilities and challenging behaviours.</p>
--	--

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Let's Get Fizzical	July 2015 – March 17	£40,720.00	£40,720.00	£0 (complete)	●
Description:	Let's Get Fizzical is an award winning project developed by national sports charity StreetGames, which engages inactive children aged 8 – 14 years in sport. Positive Futures is piloting this model in 2 disadvantaged communities in Lincolnshire; Lincoln and Boston.				
Project Lead:	Positive Futures				
Project Update:	<p>The extended programme focused on 3 schools; 1 in Lincoln North; 1 in Lincoln South; and 1 in Boston. This started in January 2017 and ran through until March 2017. Taster sessions were delivered in each school, followed by 9 weeks of after school activities and a hub session in each area. Positive Futures again support with in kind contributions in terms of equipment, venue costs, and project coordination.</p> <p>Through the life of the project:</p> <ul style="list-style-type: none"> • Taster sessions and follow on activities were delivered in a 14 Primary Schools and 4 Secondary Schools. • 231 participants have made 953 attendances at school based sessions • Weekly community sessions run in 4 locations. • A total of 104 children from the school's program were signposted to our LGP community sessions • 10 sessional coaches trained and employed • 16 volunteers recruited and delivered 210.5 hours between them. <p>Outcomes to date (still being monitored)</p>				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

	<ul style="list-style-type: none"> • On average 655 of young people increased their steps over the 9 week period • 50% have increased their physical activity levels after 6 months • The views of teachers, parents and children suggest they are now: <ul style="list-style-type: none"> ○ More active ○ More confident ○ Better at P.E ○ More engaged with other pupils ○ More motivated to join clubs and community activities <p>The following factors appear to be important in contributing to the changes experienced by children and young people:</p> <ul style="list-style-type: none"> • The childrens enjoyment and positive views of the sessions • The motivational effect of the pedometers • The schools commitment and support (beyond just the willingness to 'host a course') • The availability of locally accessible community hubs and clubs to be able to continue their activity
--	--

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Diabetes Education & Resources	Jan 2016 – Dec 2018	£169,800.00	£35,978	£133,822.00	●
Description:	<p>With agreement from the H&WB Board, the project has now been extended to deliver:</p> <ul style="list-style-type: none"> • Support people newly diagnosed with type 2 diabetes by supporting the rollout of the updated Spotlight education course across Lincolnshire • Support people both newly diagnosed and living with type 2 diabetes by working with Diabetes UK to deliver a range of interventions • Patient information packs containing support details produced both by Diabetes UK and Lincolnshire specific information • Living with Diabetes Days • Local Peer Support Groups 				
Project Lead:	4 Lincolnshire Clinical Commissioning Groups				
Project Update:	The project suffered a set-back due to the delay with the signing of the NHS standard contract with Diabetes UK. Progress to				

Symbol Key:			
+	●	◆	?
Ahead of Plan	On Plan	Behind Plan	Information not provided

	<p>date includes:</p> <ul style="list-style-type: none"> • Updated Spotlight education programme extended across Lincolnshire • Promotional material for Spotlight produced • Patient booklets to support those attending the Spotlight course produced and being used as part of the updated Spotlight course • Finalised locations across Lincolnshire of the Living with Diabetes Days and Peer Support Groups with Diabetes UK. • Developed patient support resources with Diabetes UK • 1506 people have been invited to a Spotlight training event, of which 723 completed both sessions (48%, all of which set a personal target) • 2 living with Diabetes Days have been booked in for June <p>The updated Spotlight course allows participants to invite a family member / carer, therefore reducing the number of diabetic patients able to attend the course. The CCGs are working with LCHS to increase the capacity on the courses.</p>
--	---

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Step Forward	Oct 2015 – Sept 2017	£226,200.00	£ actual and committed) to date is £83,436.30	£142,763.70	●
Description:	To support adults that are unemployed and have a learning disability, autism and/or a mental health condition and help them access employment opportunities, improve their employability and reduce worklessness.				
Project Lead:	Adult Specialist Services through contracted providers				
Project Update:	The Step Forward project was conceived to provide adults with autism, learning disabilities or mental health conditions the support they need to explore the steps necessary to move into employment. The project has been delivered by Boston College with county wide coverage provided by a range of partners: Grantham College, Lincoln College, First College, CLIP, Abbey Access Centre, YMCA and Taylorltx. Where possible, individuals have been given the choice over which provider they work with.				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

Supporting learners

This aspect of the service is provided by Boston College, who sub contract to a number of other providers around the county. It was agreed with Boston College that no further engagements would be made in this CCG area as the target had been exceeded and effort needed to be concentrated on supporting learners through the latter stages of the programme. Lincolnshire West CCG area is slightly behind target but activity in the middle stages of the programme have picked up. Lincolnshire South and Lincolnshire South West CCG areas have improved in terms of the number of learners engaged but is below target for activities in the programme that relate to work experience.

Overall performance relating to engagements and the early sessions in the programme is good but learners are still moving through very slowly. It is taking individuals far longer to move through each stage than anticipated by the original profile. Sometimes this is due to their conditions or complex lives, but it is also sometimes due to the level of support required in order that an outcome can be achieved.

The progress made by some of the participants has been outstanding and we believe that this project has definitely made a huge positive difference in their lives. We acknowledge that individuals have not always moved off benefits or into permanent paid work, but their engagement in the community and their participation in the work placements have been very beneficial.

To date:

- 98 learners have engaged with the programme with 45 currently engaged
- 7 have accessed employment

Case studies evidence:

- Increased confidence
- Exploring job opportunities through a volunteering role
- Increased awareness of timekeeping
- Developed further independence
- Attended training sessions (something they would never have done before)
- Positive job experience
- The outcomes star is a visual tool that is helpful when trying to encourage and show people positive changes that have taken place

Symbol Key:

+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided
-----------------	-----------	---------------	----------------------------

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Assisting low income households into work	Sept 2015 – Sept 2019	£98,000.00	£58,375	£39,625	●
Description:	This project is being undertaken as part of the 'Universal Support Delivered Locally' (USDL) work linked to the national Universal Credit rollout agenda. Adults in low income households will be supported to enhance their skills and helping them to improve their employment prospects and potentially increase their income.				
Project Lead:	City of Lincoln in conjunction with Lincoln College				
Project Update:	<p>Due to the procurement process, the programme did not start until September 2015. Indicators show that the training programme has proved very popular and uptake for the courses has been high, in response to the high demand the spend profile for the project has been adjusted to take this into account.</p> <p>The ICT/employment skills courses delivered by Lincoln College are self-directed learning in the Community Education Centre, so specific sessions are not delivered – learners are working towards their own individual learning aims with tutor support. This model allows greater flexibility for the learners to work at their own pace and fit around other commitments.</p> <p>To date:</p> <ul style="list-style-type: none"> • 168 learners have accessed 262 training units • 151 learners have passed courses and gained qualifications • 54 learners have moved into employment • 8 learners have made progression within their current employment, resulting in an increased wage. It is expected that this figure will rise as most learners have only very recently finished their learning and are entering into the tracking period. • Learners have addressed skills gaps and knowledge that was holding them back • Increased confidence and a new job in IT as a result of a the training received • Learners have been able to access courses that they previously could not afford to attend <p>Training has included:</p> <ul style="list-style-type: none"> • Forklift • IT • Employability skills • Customer service • Prepare work in adult social care 				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Connecting Communities	July 2015 – June 2017	£120,302.00	£109,967	£10,335	●
Description:	This project is to further establish and embed sustainability into two resident led, fully constituted partnership groups within the hard pressed communities of Wainfleet and Winthorpe, by funding two part time local coordinators to help develop and co-ordinate activities.				
Project Lead:	Lincolnshire East Clinical Commissioning Group				
Project Update:	<p>The programme went live on 6 July 2015. Two Community Coordinators are in post; one in Wainfleet and one in Winthorpe.</p> <p><u>Wainfleet</u></p> <p>Good relations have been established with Wainfleet St Mary Parish Council and the community coordinator is supporting them to develop their community assets i.e. refurbishment of their community hall and funding to refurbish the community play park. Three new resident volunteers have shown an interest in supporting Wainfleet Community Partnership (WCP). The Museum and Community Hub group are willing to offer a space within the library building for WCP to have a regular presence there. This will be two days per week and commence in May. This is a very positive step for the Partnership given that the coordinators role comes to an end at the end of June. Service provider partners continue to support in committee roles to allow the coordinator the time and the support she needs to engage with residents.</p> <p>Activities:</p> <ul style="list-style-type: none"> • Partnership supporting the Museum & Community Hub to apply for Charitable status • 4 volunteers will run advice and signposting sessions for residents to include fund raising and lunch clubs have been arranged • 3 holiday clubs have been held for 75 local children, children and their families have been identified as being in need of healthy eating and nutrition education • Community appears to be more connected • Partnership actively campaigned to keep the GPO surgery open <p><u>Winthorpe</u></p> <p>Winthorpe Community Partnership continues to make steady progress. They have recently received news that their registration to become a CIO charitable Incorporated Organisation has been successful. The partnership is now a registered charity with 6 charity trustees.</p>				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

Activities:

- Continue to attend and support monthly partnership meetings
- Continue to support monthly development group meetings to administer lottery funding
- Funding bids have been submitted to continue the coordinator post
- Police Surgeries are now up and running at the community centre to give residents a voice
- Linkages with Skegness Dementia Action Alliance has been established
- Family Stay and Play sessions organised where children are encouraged to try new things, play together and eat lots of free fruit. Parents also stayed and joined in; a total of 59 young people attended
- £1,800 from the Horncastle Health fund was applied for and secured to develop a herb/fruit garden at the Community Centre. Volunteers are now involved in developing the garden and raised beds to grow herbs and fruit
- A local Health and Wellbeing event was organised at the primary school; residents were able to talk to a host of service providers from many different areas including housing: Well-being team; LCC; Health Watch; and many more
- The 5 year Community Plan has been signed off

Local Health Interventions

Both communities are involved in delivering a pilot project in conjunction with the Skegness Neighbourhood Team. The pilot project will take the form of a mobile that will have a range of Health and social care service providers on board and go out into communities to offer information, advice, signposting etc. The aim of the project is to connect with those people who may be isolated or do not, for whatever reason, access or have trouble accessing health and advice services. This activity will take place in May 2017.

Other Activity

The CPSN (Community Partnership Support Network) Service Provider/Partners group continues to meet on a bi-monthly basis to support both Partnerships to move forward. The CPSN now meets on the first Thursday of every other month and has representation from a range of providers and partners. Each network meeting is attended by the chairman of each community partnership and both community coordinators. This partnership would be a good platform to expand the Connecting Communities Developing Assets and Resilience learning and expand this into other areas as we move forward.

Symbol Key:

+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided
-----------------	-----------	---------------	----------------------------

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Lincs Carers Charter	June 2015 – December 2017	£110,600.00	£100,600	£10,000	●
Description:	To establish a quality standard 'Kite' mark recognisable to all Lincolnshire carers, providers and partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of population. It will also ensure a connection with other areas of work, such as Carers & Employment, where SME's will be supported to meet best practice.				
Project Lead:	Every-One (formally Lincolnshire Carers & Young Carers Partnership)				
Project Update:	<p>The project went live in June 2015 and the Kite Mark award was promptly established. Marketing/Promotional Materials been developed and distributed and the Carers Charter and Award Standards have been written – this is a 6 month process. The Application Process/Pack and accompanying documentation are now complete and in place – Carers and Young Carers were involved in producing the application form and will be represented in the assessment panel:</p> <ul style="list-style-type: none"> ● 14 services have achieved accreditation: <ul style="list-style-type: none"> ○ Abbeyview Surgery, Crowland (re-accredited Feb 2017) ○ Ermine Academy ○ Lincoln Castle Academy ○ Peterborough City Hospital ○ Wragby Surgery ○ Stamford Hospital ○ Stamford College ○ East Midlands Ambulance Service ○ Washingborough Family Practice ○ Clayton Ward - Lincoln County Hospital ○ St Johns Medical Centre, Grantham ○ Marsh Medical Practice – Manby Practice ○ Marsh Medical Practice - North Somercoates Practice ○ Greyfriars Surgery Boston ● 5 more services pending and 48 services working towards the accreditation ● 30 organisations have received 2 hour Carer Awareness training, which has enabled those organisations to have a better understanding of the demands on those with a caring responsibility. Examples of this include, staff being offered flexible working arrangement and increased awareness of the demands placed on Young Carers. 481 people have 				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

- received the training
- In excess of 4,500 carers access services from accredited organisations

NHS England has expressed an interest in this project as it has been highlighted to them as an example of good practice. On 26 May 2017, Sarwar Khan from NHS England visited Every-One to find out more about the project. This was followed by a visit to Wragby Surgery, where they met the deputy practice manager, carers champion and the older patients lead to find out more about the impact of the award work and awareness training.

Amount available		£
		1,328,661.00
Project	Provider	
Get Started & Get into Healthy Lives	Prince's Trust	39,999.00
Care leavers mentoring project	Barnardo's	150,516.00
Let's Get Fizzical	Positive futures	40,720.00
Diabetes Education & Resource	4 CCGs	169,800.00
Step Forward	LCC - subcontractor	226,200.00
Assisting Low Income Households	City of Lincoln Council	98,000.00
Connecting Communities	East Lincolnshire CCG	120,302.00
My Rural Life	Sortified CiC	10,096.00
Lincs Carers Charter	Every One (Lincs Carers & Young Carers Partnership)	110,600.00
Total remaining		362,428.00

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided